

POLICY AND PROCEDURE	
SUBJECT/TITLE:	Narcan Administration at Canton City Public Health (CCPH)
APPLICABILITY:	Nurses
CONTACT PERSON & DIVISION:	Diane Thompson, RN,MSN – Director of Nursing
ORIGINAL DATE ADOPTED:	03/26/2018
LATEST EFFECTIVE DATE:	03/26/2018
REVIEW FREQUENCY:	Every five (5) years
BOARD APPROVAL DATE:	03/26/2018
REFERENCE NUMBER:	200-005

A. PURPOSE

Canton City Public Health (CCPH) staff trained in Narcan administration: Physicians, Nurses, Stark Wide Approach to Prevention (SWAP) staff

B. POLICY

When a CCPH staff member identifies that a person may be experiencing an opiate overdose, Narcan (Naloxone) can be administered after initiating the emergency response system (911) and locating an individual trained in the administration of Narcan.

C. BACKGROUND

N/A.

D. GLOSSARY OF TERMS

N/A.

E. PROCEDURES & STANDARD OPERATING GUIDELINES

I. REPONSE AT CCPH

- A. When a CCPH staff member identifies that a person may be experiencing an opiate overdose they will:
 - 1. Stay with the victim. Lower the victim to the floor and send someone to call 911 for emergency medical services (EMS).
 - 2. If the staff member is alone (because it is after CCPH business hours) he/she may need to leave the victim to call 911, and then return to the victim as quickly as possible.
 - 3. Initiate basic life support (BLS) if the victim is not breathing or pulseless.
 - 4. Responders should use extreme caution while touching potential overdose victims because of the danger of being exposed to drug residue on victim's body. Responders should wear personal protective gear (glasses, gloves and face shield) at all times if possible when caring for potential overdose victims.
 - 5. Narcan can be obtained from the emergency bag located in the cupboard in the Stat Lab which already contains Narcan. A trained CCPH staff person will administer Narcan as described below.
 - 6. Await EMS arrival.
 - 7. Notify immediate supervisor of the event.
 - 8. The supervisor will notify the CCPH Medical Director about the incident by calling 330-607-4342.

II. NARCAN ADMINISTRATION

- 1. Remove the *Narcan Nasal Spray* from the box and peel back the tab with the circle on the Narcan dispenser.
- 2. Hold the Narcan Nasal Spray with your thumb on the bottom of the plunger, and your first



and middle fingers on either side of the nozzle.

- 3. Gently insert the tip of the nozzle into either nostril.
- 4. Gently tilt the person's head back and provide support under the neck with your hand.
- 5. Gently insert the tip of the nozzle into **one nostril** until your fingers are on either side of the nozzle, against the bottom of the person's nose.
- 6. Press the plunger firmly to administer the dose of Narcan Nasal Spray.
- 7. Remove the Narcan Nasal Spray from the nostril after giving the dose.
- 8. Observe the victim closely. Continue BLS if necessary. If the victim responds to the Narcan with breathing or arousal, move the person onto his or her side (recovery position).
- 9. If the person does not respond to the Narcan with breathing or arousal, repeat the Narcan dose every 2-3 minutes (return to step A)
- 10. Dispose used Narcan dispenser(s) in a disposable sharps container.

III. POTENTIAL CLIENT RESPONSE AFTER RECEIVING NARCAN

- 1. Clients who receive Narcan typically become responsive; they may become combative and agitated. Reassure the client and explain the care rendered.
- 2. Protect all clients, staff (including you) and victim from harm. Move an arm's length away from victims who are thrashing about, but stay with the victim until EMS arrives.

IV. EMS ARRIVAL

- 1. EMS must be called if Narcan is administered, even if client wakes up and appears coherent.
- 2. A hand-off of care to EMS is provided by the person who administered the Narcan.

V. DOCUMENTATION

- 1. If the person receiving the Narcan is a CCPH-registered client, documentation of the incident shall be placed in the *InSync* record by the clinic nurse with overall responsibility to the client.
- 2. If the person is not a CCPH-registered client, a CCPH *Incident Report* is completed.
- 2. A CCPH Incident Report Form is to be completed by the person who administered the Narcan.
- 3. The person who administered the Narcan provides the appropriate documentation to the director of nursing within one business day.

VI. REPLACING USED DOSES OF NARCAN

1. The staff member who administered the Narcan will notify the Director of Nursing within one business day to replenish the Narcan.

F. CITATIONS & REFERENCES

- 1. National Institute on Drug Abuse. (2015). Drugs of Abuse: Opioids. Bethesda, MD: National Institute on Drug Abuse. Retrieved from http://www.drugabuse.gov/drugs-abuse/opioids.
- 2. Walley AY. Opioid overdose rates and implementation of overdose education and nasal naloxone distribution in Massachusetts: interrupted time series analysis. BMJ, 2013; 346: f174.
- 3. National Institute on Drug Abuse. (2015) [video]. Retrieved from https://www.youtube.com/watch?v=zu4rJXyDql8

G. CONTRIBUTORS

The following staff contributed to the authorship of this document:

- 1. Diane Thompson, RN, MSN, Director of Nursing
- 2. Jon A. Elias, MD, Medical Director



H. APPENDICIES & ATTACHMENTS

200-005-02-A Standing Orders

I. REFERENCE FORMS

200-005-01-F Incident Report

J. REVISION & REVIEW HISTORY							
Revision Date	Review Date	Author	Notes				

K. APPROVAL

This document has been approved in accordance with the "800-001-P Standards for Writing and Approving PPSOGFs" procedure as of the effective date listed above.

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APPENDIX A

STANDING ORDERS FOR THE ADMINISTRATION OF NARCAN

SIGNS AND SYMPTOMS OF OPIATE OVERDOSE

- 1. Unresponsiveness to verbal stimuli or sternal rub
- 2. Slow, shallow, or no breathing
- 3. Turning pale, blue or gray (especially lips and fingernails)
- 4. Snoring/gurgling/choking sounds
- 5. Body very limp
- 6. Pinpoint pupils
- 7. Evidence of drug use/and or drug paraphernalia around or on client (i.e. track marks, syringe)

STANDING ORDERS

- 1. Administer Narcan 4mg spray into one nostril
- 2. Repeat in 2-3 minutes in opposite nostril if the client has not responded

This reversal drug is used for the following **OPIATES**:

- 1. Buprenorphine (Subutex or Suboxone)
- 2. Codeine
- 3. Demerol
- 4. Dilaudid
- 5. Fentanyl
- 6. Heroin
- 7. Hydrocodone (OxyContin, Percocet, Percodan)
- 8. Morphine
- 9. Oxycodone
- 10. Tramadol
- 11. Vicodin

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There are no contraindications to administering Narcan.

SIGNATURE OF PHYSICIAN		
Jon A. Elias, M.D.	 Date	
Medical Director		